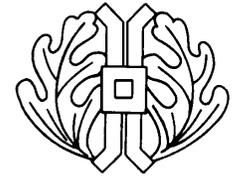


# PREVENTIVE LAW SERIES

## RETIRED ACTIVITIES OFFICE



Prepared by:  
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### RETIRED ACTIVITIES OFFICE

#### WHO THEY ARE?

The Retired Activities Office (RAO) was established in 1981 under the Department of the Navy Retired Activities Program mandated by the Secretary of the Navy as well as Chief of Naval Operations Directives.

By both tradition and law, retired personnel and their family members are entitled to certain rights and benefits. The RAO provides a link between local retirees and military communities as well as other agencies which provide assistance to retirees and their families. The purpose of this assistance is to support and enrich the lives of retired military personnel and their families.

#### SERVICES PROVIDED:

##### Assistance in Preparing Claims

- Retired Serviceman's Family Protection Plan (RSFPP)
- Survivor Benefit Plan (SBP)
- Claims for Unpaid Compensation
- Death Benefits under the Civil Service Retirement System
- All types of Government Life Insurance (SGLI, VGLI, NSLI, etc.)

##### Referrals

- Navy and Marine Corps Relief Society for financial assistance
- Family Service Centers for counseling on stress, depression, etc.
- Medicare, Social Security, CHAMPUS/Tricare
- Internal Revenue Service
- U.S. Immigration and Naturalization Service
- Legal Aid Society

##### Individual Briefings

- Survivor Benefit Plan (SBP)
- Dependency Indemnity Compensation
- Government Life Insurance
- Disability
- Federal and private employment opportunities
- Educational opportunities (GI Bill)

##### Assistance with Income Tax Preparation

- Federal
- California residents

##### Assistance in Planning for a Civilian Career

- Resume preparation
- Plan of action
- Strategies
- Job interview skills

##### Financial Estate Planning and Investment Opportunities

- Investment guidance

##### Pre-legal Guidance

- Probate

- Retirees' rights under the Uniformed Services Former Spouses Protection Act  
Annual Retired Personnel Seminar  
The seminar is presented by the Naval Station Family Service Center each November.

House Calls

House calls will be provided for physically handicapped individuals and all persons incapable of making the trip to the Naval Station Family Service Center.

**RESOURCES:**

Call (619) 556-7404